

Message from the C.E.O.

Anyone trying to find a parking space at the RG-Orestes plant would quickly realize a new project was underway in the southeast corner of the parking lot. Fighting mud, then snow and ice, construction on the 24,000 square foot addition to warehouse #12 is now underway. The new "can room" is part of the 14.5 ounce diced can line project, scheduled for a July completion. Two sets of FMC cookers and coolers, empty can depalletizers and Whallon, full-can palletizers are scheduled for installation this spring. Cable lines will be installed to convey both full and empty cans over Oak Street, by means of an enclosed bridge, then into the processing room. This system will help limit congestion on our truck docks and dramatically reduce shuttle hauls.

We are rearranging much of the processing room to make room for line #9. A new seamer, Acmi filler, Urschel dicer and Odenberg color sorter have all been ordered. The design teams are finalizing the specifications for all the conveyors, controls, tanks and piping for this 700 cpm (cans per minute) line. This project will also reduce capacity constraints on existing lines, and allow the plant to increase production of 10 ounce hot diced tomatoes with green chilies.

There are many other new projects underway at Red Gold. At RG-Geneva, 4 FMC rotary cookers for gallon cans are scheduled for installation in May. A Zacmi piston filler for salsa and spaghetti was delivered in mid-January and the 11,000 square foot frozen and cold storage addition is near completion.

The RG-Elwood plant just finished the installation of a paste delivery system that features in-line blending. This new system will help improve paste consistency and increase the volume of paste delivered to the cookroom. They are also installing another new Winpack ketchup packet filler and are busy overhauling ketchup line #2.

In December, the RG-Engineering and IT departments broke ground on a 750 square foot data center (computer room), located in warehouse #8 in Orestes. This new \$700,000 state-of-the-art facility will host all of our major business systems and is scheduled to be operational in April. Our next edition of Vine Lines will feature this new addition.

I am excited that Red Gold is beginning its fifth year of Peak Performance, with over 80 new participants enrolled in Purdue Green Belt training this winter and spring. This year's focus will be on P.D.C.A. (Plan, Do, Check, Act). We will also begin a heightened focus on Peak Performance in the office and administrative areas of the business, beginning in February. I look forward to all Red Gold employees' commitment and involvement to challenge ourselves to continual improvements and cost reduction, as we strive to bring more value to our customers.

Brian



A Rolling Marketing Campaign

RG Transport has purchased 55 new semi trucks. Delivery of the trucks began in October and will continue through March. So far, RGT has received 20 new trucks. The remaining 35 will start arriving any day. The new trucks fit into Red Gold's "Going Green" initiative. The initiative is to maximize fuel savings by installing APU units, reduce idling time, and reducing gap between the cab and trailer nose.

These new, bright, shiny trucks will also continue to be used for Red Gold's rolling marketing campaign, to display our two new trailer graphics with the Big Tomato and Flatbed designs. The trailer is not an actual flatbed. It is a 53' trailer with vinyl graphics designed to look like a flatbed with tomatoes held in place with ratchet straps. Don't worry...the giant tomatoes will not come rolling off! So far our new rolling marketing campaign has visited the following cities:

- Big Tomato Graphics – 15 New Trailers
 - Indianapolis, 8/25/2009 - Gleaner's Food Bank Construction Donation
 - Minneapolis, 10/13/2009 - St. Paul Second Harvest Food Bank Donation
 - Detroit, 10/22/2009 - Gleaner's Food Bank Donation
 - Kansas City, 1/07/2010 - Harvesters Food Bank Donation
- Flatbed Graphics – 5 New Trailers
 - Indianapolis, 11/24/2009 - Gleaner's Food Bank Red Gold Red Zone and Pumpkin Drop Donation
 - Cincinnati, 12/19/2009 - Freestore Food Bank Donation

Watch for our new trucks! You never know when they will be traveling to your area. More graphic enhanced trailers may be in the near future! Red Gold, full of innovation!



Red Gold shows its Colts Spirit

KETCHUP KORNER

This is a place where you can catch up (Get it?) on news, fun facts, and items of interest about our products, people, and activities.

12/46, 6/10, 48/6... Are these football play calls? Nope! Our products are sold in many different sizes and packages, but to our customers they are sold in case quantities. The case quantity is displayed on packages and in our inventory systems in the format of number/size. For example, a 6/10 case quantity means there are six #10 cans of product in that finished case. 12/16 means there are 12 containers at 16 ounces each. Now you know next time you order from cash sales how many containers to expect!

Quarterly Definitions

Ever opened up the copy machine drawers to find letters like "A3" and "A4" displayed on parts of the machine? These are size indicators for the type of paper to go into that location.

Letter size = ANSI A = ISO "A4"
Ledger size = ANSI B = ISO "A3"

ANSI is the American National Standards Institute
ISO is the International Organization for Standardization

This is just a short list of sizes and specs for paper. A quick internet search provides many more options. Who knew paper was so complex?

What has Stewie been up to?

He's been taking it easy during the holiday season!



11/24/2009
Stewie shared in the joy of giving, as Red Gold donated 25,000lbs of tomato products to the Gleaners Food Bank



12/06/2009
He waited in line for Santa with the children from our Madison County facilities at the Kid's Christmas Party held at a skating rink in Anderson



01/19/2010
Stewie gained knowledge about his upbringing at the Grower's Banquet



02/02/2010
He visited Baptist High School to present awards for the Red Gold IHSAA "Score One for Your School" program



RED GOLD ALL STARS CORPORATE ENGINEERING

Red Gold Corporate Engineering began in 1989 with one Engineer. This busy department has grown, and now the number of Project, Process and Controls Engineers has grown to 13 and an Administrative Assistant. Prior to a formal Engineering capacity, our facilities depended on Supervisors, Corporate Management and Maintenance Managers. Today we still call on these groups to assist.

What We Do:

- If it is to be designed, built, or conveyed, the Engineering Department is in charge of getting the job done. Nearly all of the equipment, conveying, and production equipment begin as a blueprint from RG Engineers.
- RG Corporate Engineering serves all of our facilities
- Our Corporate Environmental Health & Safety Manager and Corporate Safety - Project Coordinator are located at Corporate Engineering and work in conjunction with the Engineering Department

Did you know?

- RG Corporate Engineering has managed warehouse construction in part and in total. Warehouse 10 as well as 120,000 sq. ft. at the DC was contracted totally under contracts, with Red Gold serving as the general contractor.
- Red Gold Engineers use over 9,000 feet of plotter drawing paper in a year for blueprint drawings
- Red Gold began using the computerized drawing program AutoCAD in 1994 and prior to that our current Director of Engineering was using colored pencils on a Drafting Board
- Several of our Engineers are directly involved with projects at an international level working with products from Italy and Africa



Engineering Department



Engineering Department

One of our Engineer Project Manager's favorite stories:

My engineering design work began in my dad's family business. He repaired lawn mowers and also had a large welding shop. When I was ten years old, I ask my dad if I could have an old lawn mower engine. He gave me one to repair. Once I had it running, I put the engine on my brother's abandoned tricycle. Yes, tricycle. Several weeks later a town policeman visited my dad in his shop. He kindly requested that I not ride my tricycle on the highways and streets anymore as he had caught me speeding. Yep I was doing 45 in a 35-mile zone on a tricycle. I just love making things work. That time I didn't get a spanking as my dad was pretty proud of my design work. *Jack White*



A Day in the Life ... IT Project Managers

We all know by now how much we rely on our computers and computer systems. Whether you work at a desk all day or out in production, chances are, you work with a computer at some point. As our company continues to grow, so does our need for new technical tools such as new computer software, etc. Most of us would probably be pretty surprised about how much these IT (Information Technology) folks have on their plate at any given time; and, this isn't anything like making sure your mouse is working properly! We recently had the opportunity to discuss what kind of jobs and projects our IT Department is working on; Brian White, Bruce Eisert, and Mike DeOliveira took a moment out of their busy schedules to give us an idea.

What are your titles? How do your positions differ?

Brian and Bruce are IT Project Managers. They are primarily responsible for managing projects related to application software such as: Enterprise Resource Planning (ERP) system, Infor LX; CDC Manufacturing and Quality software; Business Intelligence; our internally developed data collection systems such as Brite Production Reporting, fork truck bar code applications, and cans/ends scanning; and Oracle's Demantra system which supports Trade Funds, Deductions, and Forecasting. Project managers often times become intimate with business processes and are involved in process re-design.

Mike is the IT Operations Project Manager. His projects ensure that the data within Red Gold is able to move from place to place and be safely and securely stored. Mike directs the work of both internal and vendor personnel.

How long have your positions existed at Red Gold?

Project Manager Positions in the IT department have existed since 2003.

How many projects does your department typically work on at once?

The IT department has many projects of varying sizes, active at one time. Currently, there are around 85 projects being tracked. Of those, 34 are currently active, while the others are scheduled for later in the year or are yet to be prioritized. These projects range from small several day enhancements to multiple year strategic projects.

For example, Bruce Eisert is currently working on CDC Quality, a computer application that allows Lab Techs to record test results into a computer application that checks whether the test passes, fails, or needs retesting. Those results are made available to the techs, supervisors, managers, and Tina Anderson, VP of QA and R&D, from a computer that accesses the Red Gold computer network. Our CDC Quality project spanned 7 weeks of intense work with Tina, all the Quality Managers and four of their supervisors from Elwood, Geneva, Orestes, and Corporate.

Mike DeOliveira is currently working on the project of building a new Corporate Data Center in Orestes.

Brian White is working on a Business Intelligence project. The goal of such a project is to provide support for the organization to turn data into actionable information to be used to make decisions or drive specific actions.

How often do you have to work closely with others while working on a project?

Coordinating teams, often across multiple departments in the business, is one of the most important roles of a project manager. Often times, the coordination extends across multiple vendors and consultants. We work closely with managers and end-users during all phases of the projects.

Do any of you have any helpful hints for users that would make their life, as well as IT's, easier?

We encourage managers to ensure that IT is engaged at the very beginning of projects. The quarterly Business Relationship Management meeting is an ideal opportunity to keep IT informed of upcoming projects and initiatives.

What is your favorite part about your job at Red Gold?

For Brian, his favorite part about Red Gold is receiving cookies from satisfied users. He explains, "Seriously, working with a team on projects resulting in a positive impact for Red Gold and, as importantly, a positive impact for an individual user is highly satisfying. Due to Red Gold's commitment and investment in continuous improvement, the opportunity to participate in the learning and execution of continuous improvement events is one of my favorite activities."

Bruce says, "Providing beneficial business solutions is the most satisfying part of what I do here. Secondly is working with the people at all of our locations. They are enjoyable and very interesting. Continuous improvement in all areas of the business has to be at the top of my list, too. The Reichart's continue to invest in the organization and we see it continue to grow".

Mike continues with his favorite part, "Personally for me the most satisfying aspect of my job is the opportunity of implementing solutions that meet business needs. Having the opportunity to have an impact on the reliability, the efficiency, or the accuracy of products Red Gold produces, by implementing systems or improving infrastructure, is very satisfying and is what is most exciting about Red Gold. The level of reinvestment in the business is something I have not witnessed at many other companies. It's great to be a part of a company that continually pushes to improve, expand and change. It's never a dull day in Red Gold IT. The project list is extremely long and that is a wonderful problem to have, in my view."



LET US SERVE YOU!



The EIT Teams (Employees in Touch) from RG Orestes, Corporate, Elwood and the DC cordially invite you to one of their favorite fundraisers of the year.

Annual EIT Fish Fry

When: Saturday February 20th

Time: Serving times are 4:00pm to 7:00pm (Carry-out available)

Where: Red Gold Orestes Break-room

On the menu

All you can eat Fish and or chicken

Choice of two Side dishes; coleslaw, applesauce, or stewed tomatoes with zucchini

Potato Chips - Bread and Butter

Homemade Desserts - Sugar-free Lemonade

Adult Tickets..... \$8.50 (\$8.75 at the door)

Children 5-11 \$5.00

Children 4 yrs and under FREE

Save money by purchasing your tickets ahead of time from members of the EIT Teams or at your Human Resource office.

Tickets may be payroll deducted!

Invite your friends, family and neighbors to come enjoy great food and help support those in need around Madison County at the same time. All proceeds are used to help local charitable organizations during the holiday season.

UPCOMING EVENTS

EIT Fish Fry..... February 20, 2010

State of the Business Mid-March, 2010

EIT Daffodil Days..... March 22 to 26, 2010

Employee Holiday - Good Friday April 2, 2010

TONIGHT'S GONNA BE A GOOD NIGHT



On Tuesday, January 19, 2010, the annual Red Gold Grower's banquet was held at a new location, the Primo Banquet and Conference Center in Plainfield, IN, near Indianapolis. With well over 200 growers, their employees and several Red Gold employees in attendance, the room was full of enthusiasm and celebration of a great season in 2009.

Brian Reichart, President and CEO, gave the keynote address and highlighted the successes of the 2009 International State Fair activities, where several international awards were won for the sponsorship activities. Also, he told the group about the new production line and building being constructed in Orestes.

The awards program is the main focus of the evening, and this year's winners were certainly representative of the exceptional grower group supplying the fresh tomatoes that our customers have come to expect. Steve Smith, Director of Agriculture, announced the E.A. Reichart Quality Achievement Award winners, Richard and Rex Detling of Union City, OH. Five members of the Reichart family were proud to present the award to the Detlings honoring them as the Red Gold Grower of the Year. The Detlings were also named one of the nine 2009 Red Gold Master Growers. Joining the Detlings as Master Growers were Brad and Darrell Bockelman of Napoleon, OH; Middlesworth Farms of Marion, IN; McKillip Farms of Wabash, IN; Steven Plank of Galveston, IN; Red Ripe, Inc. of Galveston, IN; Bob and Cory Rosenbaum of Wanatah, IN; Triple S Smith Farms of Sharpesville, IN; and Howell Farms of Middletown, IN. Chuck Niese and Mark Maag were presented the innovation award by Adam Hartley, Agriculture Coordinator for their work in improving load quality. Curt Utterback, Agriculture Coordinator, announced the yield guessing winner, Carla Herr, for being the closest to their preseason yield guess. The awards ceremonies ended with the always popular B.S. Yield guesstimate award for the grower whose final yield was the furthest from their guess. Mike Forche, Blissfield, MI won that dubious honor, although it was actually a good thing as his final yield was far above his earlier estimate.

Danna Dolliver, Senior Agriculture Administration Supervisor conducted the drawing to fill the vacancy in the Grower Action Fund Board. Scott Rice of Wanatah, IN was selected to be one of the representatives from Indiana to serve a three year term. Galen Birky, the outgoing chairman, gave a report of the Board's activities for the year.

The evening was capped off by the outstanding talents of Joey Voices, doing impersonations of 25 different performing artists. Jim Holloway, Agriculture Coordinator, announced the door prize winners and the group was dismissed to meet again the next day as a part of the Indiana Horticulture Congress conducted by Purdue University. It was certainly a memorable evening for the entire group.

Punto Amarillo

Something is different...did you notice it? Is it subtle or did it catch your eye immediately? Look through the newsletter again and see if you find something unusual.

Once you find it, fill out the entry form below for a chance to win a 'font'astic prize!

***Remember anyone can submit an entry for this game: employees, growers, spouses, friends, family and customers. Complete the form and place it in your facilities suggestion box (or mail it to: Red Gold Newsletter Team, 1900 South D Street, Elwood, IN 46036) to be entered in a drawing to win the prize. You can also email your entry to newsletter@redgold.com.

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

How are you associated with Red Gold? _____

Describe what's different? _____

Entries need to be submitted by March 5, 2010.

INTERNATIONAL EXCELLENCE

The Red Gold Marketing Department is proud and excited to report that the International Association of Fairs and Expositions (*that's right, international!!!*), which has over 3,000 members, has recognized and awarded the Indiana State Fair Year of Tomatoes presented by Red Gold, with FIVE- 1st Place, blue ribbon awards at the 2009 annual conference.

- Best of Show in Communication – FIRST PLACE
- Competitive Exhibit for Year of Tomatoes Construction presented by Red Gold – FIRST PLACE
- Special Agriculture Education Event for Fair-Going Public for Year of Tomatoes presented by Red Gold – FIRST PLACE
- Fair and Sponsor Joint Exhibit Program for Red Gold Year of Tomatoes – FIRST PLACE
- New Program Promotion Agriculture for Year of Tomatoes presented by Red Gold – FIRST PLACE

Cindy Hoye, Executive Director of the Indiana State Fair Commission, stated that she was happy for the State Fair and State Fair Board, along with Red Gold, to be able to receive the recognition they so much deserved. "These awards are because of the tremendous partnership we had with Red Gold. That was an excellent partnership and execution," she said. "It wasn't just a theme - it became a whole program and really got people involved."

The Red Gold Ambassadors that volunteered at the Indiana State Fair-Year of Tomatoes presented by Red Gold, will be recognized and congratulated at the 2010 Red Gold State of the Business meeting.



RECOGNITION DESERVED

Name	Years	Facility	Name	Years	Facility
Bill Korn	1	DC	Jennifer Plummer	4	EL
Craig Fields	1	DC	Jim Roller	4	EL
Ed Matney	1	DC	Carol Ann Frye	5	EL
Leslie Hare	1	DC	Chris Stansberry	5	EL
Randy Gregory	1	DC	Linda Kay Ryan	5	EL
Ron Rickard	1	DC	Margo Luzadder	5	EL
Kathy Frew	2	DC	Zindy McCorkle	5	EL
Brad Davis	3	DC	Jon Bowland	6	EL
Roger Mays	3	DC	Kevin Ryan	7	EL
Frankie Grondin	5	DC	Tim Johnson	7	EL
Stephanie Groves	5	DC	Michael Waymire	8	EL
Chuck Curtis	7	DC	Stacey Noland	8	EL
Craig Chriss	7	DC	Ted Goodpaster	8	EL
Mitch Swingley	7	DC	Bill Benson	10	EL
Mike Hull	8	DC	Debbie Gray	10	EL
Richard Byrd	9	DC	Lorra Horlander	11	EL
Brian Boruff	10	DC	Tim Kelich	11	EL
Bruce Wihebrink	10	DC	Steve East	12	EL
Roger Orebaugh	10	DC	Todd Bellamy	12	EL
Barry McIntire	1	OR	Jack Parker	13	EL
James William	1	OR	Phil Rector	14	EL
Jeff Brenner	1	OR	Bob Cline	1	GE
Kenneth Rushing	1	OR	Chris Merritt	1	GE
Kevin Nash	1	OR	David Perks	1	GE
Linda Louthen	1	OR	Derryl Hirschy	1	GE
Lonnie Headley III	1	OR	Gerald King	1	GE
Mary Ehman	1	OR	Kevin Sommers	1	GE
Robert Luzzader	1	OR	Kim Kuhn	1	GE
Shane Gibson	1	OR	Michelle Boese	1	GE
William Louthen	1	OR	Randy Sutton	1	GE
Brian Bright	3	OR	Rosa Lewis	1	GE
Clifton Buis	3	OR	Roydnn Gleason	1	GE
Geroge Robertson	3	OR	Sherry Studabaker	1	GE
Ferrill Chatman	4	OR	Steve Cline	1	GE
Shane Taylor	4	OR	Brian Thomas	2	GE
Tim Boeger	5	OR	Debra Waechter	2	GE
Mark Groover	6	OR	Jack Elliott	2	GE
Monica Carroll	6	OR	John Lloyd	2	GE
Paula Roberts	6	OR	Robert Gaunt	2	GE
Patricia Johnson	7	OR	Tammy Simpson	2	GE
Ronnie Rumble	7	OR	Jack Gambill	3	GE
Tim Staples	7	OR	Kevin Hamilton	3	GE
Charlie Soden	8	OR	Rick Jarrett	3	GE
Jose Ramirez	8	OR	Roger Cook	3	GE
Russell Cochran	8	OR	Rory Fifer	3	GE
Jamey Sisson	11	OR	Shannon Patterson	3	GE
Mario Santiago	14	OR	Teresa Crowder	3	GE
Dan Clark	16	OR	Bob Alig	4	GE
Robert Dougherty	16	OR	Jesse Mills	4	GE
Anna Taylor	1	EL	Kim Deaton	4	GE
Barry McConnell	1	EL	Marco Vasquez	4	GE
Bonnie Hartwell	1	EL	Roger Fox	4	GE
Carina Sizelove	1	EL	William Morgan	4	GE
Chester Murray	1	EL	Deborah Shaneyfelt	5	GE
Dennis Smith	1	EL	Dick Farber	5	GE
Jerry Ream	1	EL	John Bailey	5	GE
Justin Smith	1	EL	Larry Myers	5	GE
Matt Montgomery	1	EL	Greg Oxley	6	GE
Mike Fernung	1	EL	Jeff Capper	6	GE
Mike Israel	1	EL	Judith Chapman	6	GE
Terry Wisner	1	EL	Tom Landers	6	GE
Trent Shallenberger	1	EL	Chad Bollinger	7	GE
Dean Cole	2	EL	Dale Ainsworth	7	GE
Don Scott	2	EL	Danny McDavid	7	GE
Kyle Weaver	2	EL	Dave Jessup	7	GE
Marty Robinson	2	EL	Ed Bickel	7	GE
Matt Green	2	EL	John Augsburg	7	GE
Michael Goens	2	EL	Ladge Gambill	7	GE
Dennis Haynes	3	EL	Rebecca Booher	7	GE
Felix Merced	3	EL	Gary Goss	8	GE
Jerry Myers	3	EL	Kerry Dailey	8	GE
Jon Wallace	3	EL	Kraig Karn	8	GE
Stan Studebaker	3	EL	John Hampshire	9	GE
William Larkin	3	EL	Rick Matchett	9	GE

High expectations are the key to everything-Sam Walton; founder of Wal-mart 1918-1992

In the final analysis, the one quality that all successful people have...is the ability to take on responsibility.-Michael Korda, publisher

The above quotes are words to live by for our manufacturing employees with **perfect attendance**. Red Gold is blessed with employees with a good work ethic, but 17% of our employees never miss a scheduled day, never leave early and are never tardy! For their outstanding efforts they are awarded with Red Gold jackets, watches, tumblers, clocks and cash! Congratulations to the 148 perfect attendance recipients!

PRESORTED
STANDARD MAIL
U.S. POSTAGE PAID
KOKOMO, IN
PERMIT #154



THE SILENT KILLER

Many people have hypertension or high blood pressure for years without knowing it. Most of the time, there are not symptoms, but when high blood pressure goes untreated, it damages arteries and vital organs throughout the body. That is why it is often called the "Silent Killer". It is also why health care professionals are usually the ones who diagnose it. If your blood pressure is extremely high, you may have unusually strong headaches, chest pain, and difficulty breathing. If you have any of these symptoms, seek treatment immediately.

While the cause of high blood pressure in most people remains unclear, a variety of conditions -- such as getting little or no exercise, poor diet, obesity, older age, and genetics -- can lead to hypertension, which can lead to strokes, heart attacks, heart failure, or even kidney disease.

The blood pressure reading is measured in millimeters of mercury (mm Hg) and is written as systolic pressure, the force of the blood against the artery walls as your heart beats, over diastolic pressure, the blood pressure between heartbeats. For example, a blood pressure reading is written as 120/80 mm Hg, or "120 over 80". The systolic pressure is 120 and the diastolic pressure is 80.

The Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure has classified blood pressure measurements into several categories:

- "Normal" blood pressure is systolic pressure less than 120 and diastolic pressure less than 80 mmHg
- "Pre-hypertension" is systolic pressure of 120-139 or diastolic pressure of 80-89 mmHg
- Stage 1 Hypertension is blood pressure greater than systolic pressure of 140-159 or diastolic pressure of 90-99 mmHg or greater.
- Stage 2 Hypertension is systolic pressure of 160 or greater or diastolic pressure of 100 or greater.

The good news is that high blood pressure is easily treatable and there are a lot of different approaches you can explore to lower it. Treatment usually involves making some lifestyle changes and, if necessary, drug therapy. Some lifestyle changes you can make are; lose weight, quit smoking, reduce the salt in your diet, and start exercising. Managing your blood pressure is a life-long commitment...make a pledge to do so starting today for yourself and for those you love.

www.americanheart.org

www.webmd.com



Personal Milestones

• *Italicized Name Denotes Red Gold Employee*

RG Elwood, Marriages:
Andrew and Jennifer (House) Brown, January 2, 2010

RG Corporate, Anniversaries:
Dean and Laura Theurer, 25 Years, February 16, 2010
Danny and Susan Metzger, 30 Years, February 16, 2010

Retirement:
Jim Keidel, February 4, 2010, 14 Years of Service

RG Orestes, Retirement:
Nancy Allman, January 6, 2010, 11 Years of Service

RG Distribution Center, Births:
TJ and Heather Morrow, Blaine Austin, November 24, 2009

RECIPES

ITALIAN SKILLET DINNER

MAKES 6 SERVINGS

PREPARATION TIME: 10 MINUTES

COOKING TIME: 20 MINUTES

- 1 pound Italian sausage
- 1/2 cup green bell pepper, chopped
- 1 medium onion, chopped
- 1 (14.5 ounce) can **RED GOLD® DICED TOMATOES**
- 2 cups **RED GOLD® VEGETABLE JUICE**
- 1 1/2 cups instant rice
- 1 cup (4 ounces) Mozzarella Cheese, shredded

- In large skillet cook sausage until no longer pink, 4 to 6 minutes. Drain off excess fat. Add green bell pepper and onion; cook until crisp.
- Add **RED GOLD® DICED TOMATOES** and **RED GOLD® VEGETABLE JUICE**; cook and stir until mixture boils. Remove from heat and stir in rice.
- Cover and let stand 6 to 8 minutes or until liquid is absorbed. Sprinkle with cheese; cover and let stand until cheese is melted.

NUTRITIONAL FACTS PER SERVING
Calories 210, Fat 9g, Trans Fat 0g, Cholesterol 35mg, Sodium 840mg, Carbohydrate 21g, Fiber 3g, Protein 14g, Vitamin A 10%, Vitamin C 8%, Calcium 20%, Iron 10%



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I generally shop at the same store but due to a snow storm I was forced to go to a closer store that was different. I always purchase Redpack Petite Diced Tomatoes. Well this store did not carry them, so I purchased DelMonte tomatoes. Yuck - never again. They had the ends of the tomatoes in there along with the skins. It was gross. From now on, if I run out of Redpack I will go without until I can get to Wegman's. Thank you for the care that you put into your product. I will never use anything else. I just thought you needed to know that you have a customer forever. I will never buy another brand again (and they cost more too!!) Thank you. Consumer, NY